Solution to

Words from article in The Guardian:

Dwayne Fields: 'Our new normal means spending more time outdoors'

Definitions are from https://www.dictionary.com/, https://www.oxfordlearnersdictionaries.com/, https://www.oxfordlearnersdictionaries.com/, https://dictionary.cambridge.org/, and https://dictionary.cambridge.org/, and https://dictionary.cambridge.org/, and https://www.oxfordlearnersdictionaries.com/

ENGLISH WORD	DEFINITION	HOW TO SAY THE WORD
1.bog down	B. to prevent someone from moving on or progressing	https://www.dictionary.com/browse/bog?s=t
2.emerge	A. to appear by coming out of something or out from behind	https://www.dictionary.com/browse/emerge?s=t
	something	
3.adage	L. a wise saying	https://dictionary.cambridge.org/us/dictionary/english/adage
4.pile on	H. increase quickly	https://dictionary.cambridge.org/us/dictionary/english/pile-on
5.dampen	G. make wet	https://dictionary.cambridge.org/us/dictionary/english/dampen
6.extremities	E. the hands and feet	https://dictionary.cambridge.org/us/dictionary/english/extremities
7.core	F. the basic and most important part of something	https://dictionary.cambridge.org/us/dictionary/english/core
8.icicles	K. a long pointed stick of ice that	https://dictionary.cambridge.org/us/dictionary/english/icicle?q=icicles
	is formed when drops of water freeze.	
9.fire pit	J. a pit dug into the ground or made from stones, for keeping	https://www.dictionary.com/browse/firepit?s=t
	a fire used for cooking or warmth.	
10.embrace	D. to accept willingly	https://www.dictionary.com/browse/embrace?s=t
11.sled	I. an object used for traveling over snow and ice	https://dictionary.cambridge.org/us/dictionary/english/sled
12.snuggle up	C. to move yourself into a warm and comfortable position	https://dictionary.cambridge.org/us/dictionary/english/snuggle

Thank you for taking part 😊